

# Sonoma Post Acute - Activity Calendar



December 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 SPA Cafe Social <sup>1</sup> 9:10 Sunday Matinee: Christmas with the Kranks 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social <sup>2</sup> 9:10 Travelogue: Montreux, CH. 9:15 Scenery Art: Switzerland 11:00 Big Pin Bowling 2:15 Bingo!	9:00 SPA Cafe Social <sup>3</sup> 10:00 Catholic Rosary+Mass 11:00 Chair Dancing 2:15 Indoor Volleyball 3:00 Manicure Time	9:00 SPA Cafe Social <sup>4</sup> 9:15 Current Events 10:30 Live Music w/ Keith! 12:00 The Daily Chronicle 1:00 Bingo Store! 2:30 Xmas Sign Art 3:40 Bible Study	9:00 SPA Cafe Social <sup>5</sup> 10:30 Seated Tai Chi 11:00 Dear Abby Column 2:15 Bingo! 6:00 Evening Activity: R.C Movie	9:00 SPA Cafe Social <sup>6</sup> 9:15 Current Events 10:00 Xmas Ornament Painting 12:00 The Daily Chronicle 2:15 Bingo! 3:30 Popcorn Social	9:00 SPA Cafe Social <sup>7</sup> 10:20 Recreation Stations 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle 6:00 Evening Activity: Board/Card Games
9:00 SPA Cafe Social <sup>8</sup> 9:10 Sunday Matinee: It's a Wonderful Life 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social <sup>9</sup> 9:10 Dean Martin Xmas Show 11:00 Stretch Band Fitness 12:00 The Daily Chronicle 2:15 Bingo!	9:00 SPA Cafe Social <sup>10</sup> 11:00 Chair Dancing 2:30 Chef Circle: Cream Cheese Rangoons 3:00 Manicure Time 3:45 Pet Therapy w/Boomer	9:00 SPA Cafe Social <sup>11</sup> 9:15 Current Events 10:30 Live Music w/ Keith! 12:00 The Daily Chronicle 2:15 Movie Screening 2:30 Paint by Numbers 3:40 Bible Study	9:00 SPA Cafe Social <sup>12</sup> 10:30 Seated Tai Chi 11:00 Dear Abby Column 2:15 Bingo! 6:00 Evening Activity: R.C Movie	9:00 SPA Cafe Social <sup>13</sup> 9:15 Current Events 10:00 Design your own Stocking 12:00 The Daily Chronicle 2:15 Bingo! 3:30 Waffle Bar!	9:00 SPA Cafe Social <sup>14</sup> 10:20 Recreation Stations 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle 6:00 Evening Activity: Board/Card Games
9:00 SPA Cafe Social <sup>15</sup> 9:10 Sunday Matinee: White Christmas 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social <sup>16</sup> 9:10 Santa Beany Special 12:00 The Daily Chronicle 2:15 Bingo! 4:00 Xmas Music Videos	9:00 SPA Cafe Social <sup>17</sup> 10:00 Catholic Rosary 10:30 Guitar Sing Along w/Kendall 12:00 The Daily Chronicle 2:15 Family Feud Game 3:00 Manicure Time	9:00 SPA Cafe Social <sup>18</sup> 9:15 Current Events 10:30 Live Music w/ Keith! 12:00 Xmas Hula Dancing 2:15 Movie Screening 2:30 Tree Pinecone Craft 3:40 Bible Study	9:00 SPA Cafe Social <sup>19</sup> 10:30 Seated Tai Chi 11:00 Dear Abby Column 2:00 Bingo! 3:00 Resident Council 6:00 Evening Activity: R.C Movie	9:00 SPA Cafe Social <sup>20</sup> 9:15 Current Events 10:00 Ez Sock Snowman Craft 12:00 The Daily Chronicle 2:15 Bingo! 4:00 Hot Chocolate Bar!	9:00 SPA Cafe Social <sup>21</sup> 10:20 Recreation Stations 2:15 Bingo! 4:00 Charlie's Angels Xmas Caroling 6:00 Evening Activity: Board/Card Games
9:00 SPA Cafe Social <sup>22</sup> 9:10 Sunday Matinee: A Christmas Carol (Musical) 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social <sup>23</sup> 9:10 The Nutcracker Ballet 12:00 The Daily Chronicle 2:15 Bingo! 4:00 Xmas Karaoke!	9:00 SPA Cafe Social <sup>24</sup> 11:00 Chair Dancing 2:30 Chef Circle: Gingerbread House 3:00 Manicure Time 3:40 Pet Visit w/Boomer	9:00 SPA Cafe Social <sup>25</sup> 10:00 Gift Delivery! 10:30 Live Music w/ Keith! 2:15 Movie Screening 2:30 Scenery Painting 3:30 Xmas Celebration! 3:40 Bible Study	9:00 SPA Cafe Social <sup>26</sup> 9:15 Kwanza Art 10:30 Seated Tai Chi 11:00 Dear Abby Column 2:15 Bingo 6:00 Evening Activity: RC Movie	9:00 SPA Cafe Social <sup>27</sup> 9:15 Current Events 10:00 Snowflake Mandala 12:00 The Daily Chronicle 2:15 Bingo! 3:30 Popcorn Social	9:00 SPA Cafe Social <sup>28</sup> 10:20 Recreation Stations 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle 6:00 Evening Activity: Board/Card Games
9:00 SPA Cafe Social <sup>29</sup> 9:10 Sunday Matinee: Candy Cane Lane 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social <sup>30</sup> 9:10 The Drew Barrymore Show 12:00 The Daily Chronicle 2:15 Bingo! 4:00 NIGHT Category Word Game	9:00 SPA Cafe Social <sup>31</sup> 10:00 Catholic Rosary 10:30 Live Music w/Mike 2:15 Manicure & Age of Adeline Screening 3:30 New Year's Eve Celebration!				Activities are subject to change. All Activities are conducted following the current CMS/CDC guidelines for infection control. Evening Activity 6pm-8:30pm.