

Sonoma Post Acute - Activity Calendar



December 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:00 SPA Cafe Social ¹ 9:10 Sunday Matinee: Christmas with the Kranks 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social ² 9:10 Travelogue: Montreux, CH. 9:15 Scenery Art: Switzerland 11:00 Big Pin Bowling 2:15 Bingo!	9:00 SPA Cafe Social ³ 10:00 Catholic Rosary+Mass 11:00 Chair Dancing 2:15 Indoor Volleyball 3:00 Manicure Time	9:00 SPA Cafe Social ⁴ 9:15 Current Events 10:30 Live Music w/ Keith! 12:00 The Daily Chronicle 1:00 Bingo Store! 2:30 Xmas Sign Art 3:40 Bible Study	9:00 SPA Cafe Social ⁵ 10:30 Seated Tai Chi 11:00 Dear Abby Column 2:15 Bingo! 6:00 Evening Activity: R.C Movie	9:00 SPA Cafe Social ⁶ 9:15 Current Events 10:00 Xmas Ornament Painting 12:00 The Daily Chronicle 2:15 Bingo! 3:30 Popcorn Social	9:00 SPA Cafe Social ⁷ 10:20 Recreation Stations 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle 6:00 Evening Activity: Board/Card Games	
9:00 SPA Cafe Social ⁸ 9:10 Sunday Matinee: It's a Wonderful Life 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social ⁹ 9:10 Dean Martin Xmas Show 11:00 Stretch Band Fitness 12:00 The Daily Chronicle 2:15 Bingo!	9:00 SPA Cafe Social ¹⁰ 11:00 Chair Dancing 2:30 Chef Circle: Cream Cheese Rangoons 3:00 Manicure Time 3:45 Pet Therapy w/Boomer	9:00 SPA Cafe Social ¹¹ 9:15 Current Events 10:30 Live Music w/ Keith! 12:00 The Daily Chronicle 2:15 Movie Screening 2:30 Paint by Numbers 3:40 Bible Study	9:00 SPA Cafe Social ¹² 10:30 Seated Tai Chi 11:00 Dear Abby Column 2:15 Bingo! 6:00 Evening Activity: R.C Movie	9:00 SPA Cafe Social ¹³ 9:15 Current Events 10:00 Design your own Stocking 12:00 The Daily Chronicle 2:15 Bingo! 3:30 Waffle Bar!	9:00 SPA Cafe Social ¹⁴ 10:20 Recreation Stations 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle 6:00 Evening Activity: Board/Card Games	
9:00 SPA Cafe Social ¹⁵ 9:10 Sunday Matinee: White Christmas 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social ¹⁶ 9:10 Santa Beany Special 12:00 The Daily Chronicle 2:15 Bingo! 4:00 Xmas Music Videos	9:00 SPA Cafe Social ¹⁷ 10:00 Catholic Rosary 10:30 Guitar Sing Along w/Kendall 12:00 The Daily Chronicle 2:15 Family Feud Game 3:00 Manicure Time	9:00 SPA Cafe Social ¹⁸ 9:15 Current Events 10:30 Live Music w/ Keith! 12:00 Xmas Hula Dancing 2:15 Movie Screening 2:30 Tree Pinecone Craft 3:40 Bible Study	9:00 SPA Cafe Social ¹⁹ 10:30 Seated Tai Chi 11:00 Dear Abby Column 2:00 Bingo! 3:00 Resident Council 6:00 Evening Activity: R.C Movie	9:00 SPA Cafe Social ²⁰ 9:15 Current Events 10:00 Ez Sock Snowman Craft 12:00 The Daily Chronicle 2:15 Bingo! 4:00 Hot Chocolate Bar!	9:00 SPA Cafe Social ²¹ 10:20 Recreation Stations 2:15 Bingo! 4:00 Charlie's Angels Xmas Caroling 6:00 Evening Activity: Board/Card Games	
9:00 SPA Cafe Social ²² 9:10 Sunday Matinee: A Christmas Carol (Musical) 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social ²³ 9:10 The Nutcracker Ballet 12:00 The Daily Chronicle 2:15 Bingo! 4:00 Xmas Karaoke!	9:00 SPA Cafe Social ²⁴ 11:00 Chair Dancing 2:30 Chef Circle: Gingerbread House 3:00 Manicure Time 3:40 Pet Visit w/Boomer	9:00 SPA Cafe Social ²⁵ 10:00 Gift Delivery! 10:30 Live Music w/ Keith! 2:15 Movie Screening 2:30 Scenery Painting 3:30 Xmas Celebration! 3:40 Bible Study	9:00 SPA Cafe Social ²⁶ 9:15 Kwanza Art 10:30 Seated Tai Chi 11:00 Dear Abby Column 2:15 Bingo 6:00 Evening Activity: RC Movie	9:00 SPA Cafe Social ²⁷ 9:15 Current Events 10:00 Snowflake Mandala 12:00 The Daily Chronicle 2:15 Bingo! 3:30 Popcorn Social	9:00 SPA Cafe Social ²⁸ 10:20 Recreation Stations 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle 6:00 Evening Activity: Board/Card Games	
9:00 SPA Cafe Social ²⁹ 9:10 Sunday Matinee: Candy Cane Lane 12:00 1:1 Room Visits 2:15 Bingo 4:00 The Daily Chronicle	9:00 SPA Cafe Social ³⁰ 9:10 The Drew Barrymore Show 12:00 The Daily Chronicle 2:15 Bingo! 4:00 NIGHT Category Word Game	9:00 SPA Cafe Social ³¹ 10:00 Catholic Rosary 10:30 Live Music w/Mike 2:15 Manicure & Age of Adeline Screening 3:30 New Year's Eve Celebration!					Activities are subject to change. All Activities are conducted following the current CMS/CDC guidelines for infection control. Evening Activity 6pm-8:30pm.